

The Pulse

Keeping a pulse on healthcare integration at RBI

Recovery is For Everyone: Every Person, Every Family, Every Community.

NATIONAL RECOVERY MONTH &

Mental and substance use disorders affect millions and directly touch the lives of family members, neighbors, and colleagues. 9.8 million adults had a serious mental illness in 2018, however only 6.4 million received treatment. Also in 2018 an estimated 14.4 million adults and 401,000 youths met criteria for alcohol use disorder. It's important for communities to make prevention, treatment, and recovery support services available and accessible to all those who need them. National Recovery Month is a national observance held every September to educate society that substance use treatment and mental health services can enable those with a mental and/or substance use disorder to live a healthy and rewarding life while on their road to recovery. Over the past three decades, the National Recovery Month has inspired millions of people to raise awareness about mental and/or substance use disorders. National Recovery Month celebrates the advances made by those in recovery as well as, reinforces the positive message that behavioral health is essential to overall health. There are millions of Americans whose lives have been transformed through recovery. This month it is important to remember that recovery in all of its forms is possible and encourage others to take action to help expand and improve the availability of effective prevention, treatment, and recovery services for those in need.

For more information visit the SAMHSA (Substance Abuse and Mental Health Services Administration) website at https://www.samhsa.gov/recovery-month.

RICH RECOVERY

A LOOK INSIDE THE SEPTEMBER ISSUE:

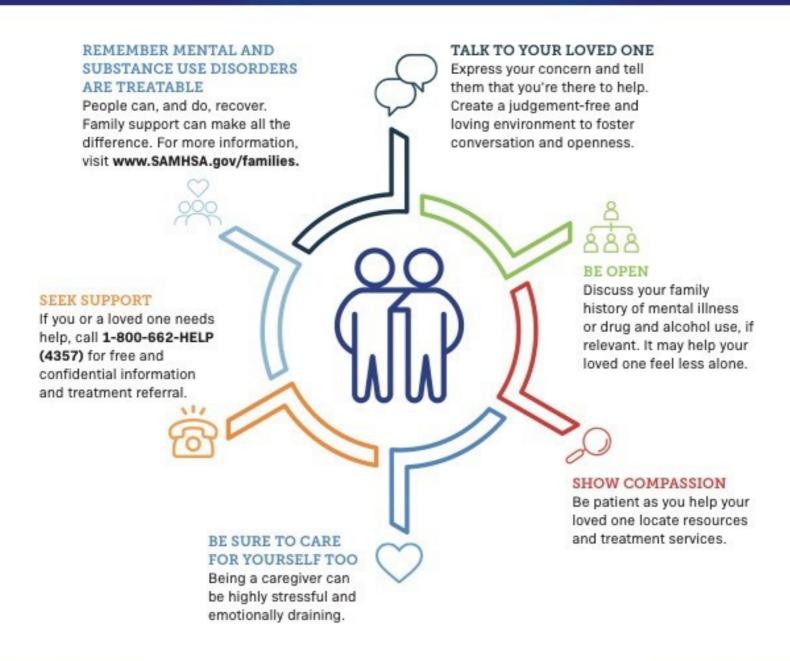
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HELPING A LOVED ONE DEALING WITH MENTAL AND/OR SUBSTANCE USE DISORDERS

You may suspect or discover your loved one is dealing with a mental illness, drinking too much, or using drugs. As a family member, you can play a central role in getting them the help they need.





SAMHSA's mission is to reduce the impact of substance abuse and mental illness on America's communities. 1-877-SAMHSA-7 (1-877-726-4727) • 1-800-487-4889 (TDD) • www.samhsa.gov

What you need to know about

OBOT

- OBOT stands for the Office-Based Opioid Treatment
- The RICH Recovery Clinic provides treatment services for individuals diagnosed with Opioid Use Disorder
- Participants must be a RBHA client and participate regularly in weekly counseling sessions
- It provides Medication Assisted Treatment in order to assist clients in abstaining from the use of opiates
- Approximately 275 RICH Recovery Clinic clients receive services from the OBOT program
- Must submit a referral to Substance Use Disorder (SUD) services to be admitted in the OBOT program





1-833-4PEERVA

(1-833-473-3782)

www.AliveRVA.org

Facebook and Instagram@AliveRVAwarmline

Peer Recovery Warm Line

Listening and Recovery Support

Treatment, Housing, Food & Health Resources



You don't have to

OUR CMAS, LATOYA, RASHEENA, AND SANDY WERE RECOGNIZED TODAY AS

TEAM OF THE MONTH. SOMETHING TO ADD TO THE AUGUST NEWSLETTER!

Call us.

OPEN DURING HOLIDAYS

We encourage those struggling with addiction, their loved ones & community members to reach out. Alive RVA Warm Line 8:00 am—12:00 midnight 7 days/week

Talk to trained individuals with lived experience in addiction recovery. Safe and confidential. We're here to help.

Alive RVA Project Partners:
Substance Abuse & Addiction Recovery Alliance (SAARA);
Mental Health America of Virginia;
Richmond Behavioral Health Authority.
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